

# Renaissance Gymnastics Academy, Inc.

## Recreational Schedule

### Open Play Membership:

Unlimited visits for \*\$20/month!

(Walking-Age 5) An open gym exploration for children that are just walking through 5 years old. The gym is set up for the children to explore and play in a safe environment. An instructor is present in the gym to help guide and begin the "instructor-student" interaction, but a parent must always be within arms reach of the child to assist and maintain safety. "Drop-ins" are permitted when space is available. \*\$20(1 child) \$30(2 children) \$40(3 children) \$50(4+ children)

M	Open Play	9:00 - 1:00
T	Open Play	9:00 - 1:00
W	Open Play	9:00 - 1:00
Th	Open Play	9:00 - 1:00
F	Open Play	9:00 - 1:00
Sa	Open Play	10:00 - 2:00

### Open Gym: \$15/visit

(Ages 6-11) Time to increase strength, flexibility or to work on that skill that they have been struggling with. May also be used as a make up lesson.

Sa	Open Gym	2:00 - 4:00
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### One Hour:

\$135/monthly (two classes/week)

\$90/monthly (one classes/week)

(Ages 4-8)

Students work on all events to develop their core gymnastics skills with an emphasis on flexibility and strength training which are essential for the advanced gymnast. (55 minutes)

M	One Hour	4:00 - 4:55
T	One Hour	4:00 - 4:55
W	One Hour	4:00 - 4:55
Th	One Hour	4:00 - 4:55
F	One Hour	4:00 - 4:55
Sa	One Hour	9:00 - 9:55
Su	One Hour	9:00 - 9:55
Su	One Hour	10:00 - 10:55
Su	One Hour	11:00 - 11:55

### Two Hour:

\$195/month (two classes/week)

\$130/monthly (one class/week)

(Ages 9-12 & Invited Students)

The two hour class allows more time for beginning higher level skills as well as strength training and flexibility. Students have opportunity to develop their personal goals as well as prepare for the Team program. (115 minutes)

M	Two Hour	5:00 - 6:55
T	Two Hour	5:00 - 6:55
W	Two Hour	5:00 - 6:55
Th	Two Hour	5:00 - 6:55
F	Two Hour	5:00 - 6:55
Su	Two Hour	10:00 - 11:55

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## Team Practice Schedule

Seasonal Team: \$180/month (2 practices/wk) = 6 hours

Silver Team: \$180/month (2 practices/wk) = 6 hours

Gold Team: \$225/month (3 practices/wk) = 9 hours

Platinum/Diamond Team: \$265/month (4 practices/wk) = 12 hours

Team Gymnasts may choose their days from any of the options below.

\*Limited number of spaces in each training session.

### Early Practice

M	Early Team	2:30	-	5:30
T	Early Team	2:30	-	5:30
W	Early Team	2:30	-	5:30
Th	Early Team	2:30	-	5:30

### Late Practice

M	Late Team	5:00	-	8:00
T	Late Team	5:00	-	8:00
W	Late Team	5:00	-	8:00
Th	Late Team	5:00	-	8:00
F	Late Team	5:00	-	8:00

### Open Gym: \$15/visit

Time to increase strength, flexibility or to continue to work on skills from practice.

Sa	Team Gym	4:00	-	6:00
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